



PROVIDER ALERT

Recovery and Resiliency Training

November 16, 2016

Dear Provider:

This December Optum will offer training sessions regarding Recovery and Resiliency and how it relates to a member's engagement and activation.

At Optum, one of our goals is to continue to educate providers about Recovery and Resiliency and how it impacts a member engaging in behavioral health services and becoming active in their own care. The purpose of this presentation is to continue to collaborate about the fact that recovery is possible for all members and resiliency can be applied to individuals of any age. Participants will be encouraged to collaborate about Recovery and Resiliency and how to help members be engaged and activated.

These trainings will help educate providers on Recovery and Resiliency, how it impacts a member's engagement in services and how it activates them to take more responsibility in their own care.

We will host Webinar sessions on the following dates:

- Wednesday, **December 14th** at 10:00 a.m. – 12:00 p.m. MST
- Thursday, **December 15th** at 1:00 p.m. – 3:00 p.m. MT
- Friday, **December 16th** at 10:00 a.m. – 12:00 p.m. MT

Attendees must pre-register for trainings.

To register, please visit: optumidaho.com, Click on "Network Providers" tab and then "[Trainings](#)".

If you have questions or additional feedback to share, you may contact the Optum Idaho Clinical Team at **1-855-202-0983** and press option #1 for treatment and authorizations.

Thank You
Optum Idaho Recovery and Resiliency Team